Independent Living Activity Calendar

| Monday | | Tuesday | |
|----------|-----------------------------|--------------|---------------------------|
| 9:00 am | Men's Forum – Solarium | 9:00 am | Men's Forum – Solarium |
| 10:00 am | Bible Study – Activity Room | 9 -11:00 am | Ceramics – Activity Room |
| | | 1:30 pm | Van to Sentry (Sign-Up in |
| | | | Post Office) |
| | | 3:00-4:00 pm | Coffee Hour – Dining Room |

| Wednesday | | Thursday | | |
|-----------|--------------|-----------------------------|-------------|-----------------------------|
| | 9:00 am | Men's Forum – Solarium | 9:00 am | Men's Forum – Solarium |
| | 9:00 am | Van to Sentry (Sign-Up in | 9 -11:00 am | Ceramics – Activity Room |
| | | Post Office) | 10:00 am | Catholic Word & |
| | 9 -10:00 am | Johnson Bank – RCAC/ | | Communion – Chapel |
| | | Wellness Clinic | 10:00 am | Van to Pick-N-Save (Sign-Up |
| | 9 -11:00 am | Craft Class – Activity Room | | in Post Office) |
| | 1:30 pm | Van to Pick-N-Save (Sign-Up | 1:30 pm | Errands & the Mall (Sign-Up |
| | | in Post Office) | | in Post Office) |
| | 2:00 pm | Communion Service, | | |
| | | Rev Mary Bielke – Cedar | | |
| | | Crest Chaplain | | |
| | 2:30-3:00 pm | Blood Pressure Clinic – | | |
| | | RCAC/Wellness Clinic | | |
| | 7:00 pm | Card Players Gathering – | | |
| | | Main Lounge | | |
| | | | | |

| Friday | | Saturday | |
|--------------|---------------------------|----------|------------------------|
| 9 -10:00 am | Men's Forum – Solarium | 9:00 am | Men's Forum – Solarium |
| 1:00 pm | Needle Workers – Main | | |
| | Lounge | | |
| 3:00-4:00 pm | Coffee Hour – Dining Room | | |

Sunday

| 9:30 am | Worship Service – Peggy Eggen, Asbury UMC | | |
|----------|--|--|--|
| | – Chapel | | |
| 10:30 am | Catholic Mass – Chapel | | |
| 6:30 pm | Vespers Service – Rev Kathryn Craven, Rock | | |
| | Prairie Presbyterian – Chapel | | |

