

# Health Center Activity Schedule

## Monday

- 9:00 Senior Exercise
- 10:00 Bingo
- 1:45 Sing A Long with Mallory
- 2:30 Adult Coloring
- 3:30 Trivia

## Thursday

- 9:00 Senior Exercise
- 10:00 Catholic Communion
- 10:00 Knitting Group
- 2:00 Euchre
- 4:15 Music Appreciation

## Tuesday

- 9:00 Senior Exercise
- 10:30 Chimes Choir
- 1:30 Cooking Corner
- 4:15 Music Appreciation
- 6:30 Hymn Sing

## Friday

- 9:00 Senior Exercise
- 10:00 Bingo
- 11:30 Musical Appetizers
- 1:30 Dice Games

## Wednesday

- 9:00 Senior Exercise
- 10:00 Men's Group
- 11:15 Musical Appetizers
- 1:30 Time Slips –Story Writing
- 3:30 Silver Surfers –Computer Lab

## Saturday

- 10:00 Bingo
- 2:00 Afternoon Fun N Games

## Sunday

- 9:30 Worship Service
- 10:30 Catholic Service
- 2:00 Table Top Games
- 6:30 Vespers

